

Year 7 / 8 / 9 Physical Education

Subject Title	Physical Education
Setting information	In some activities students may be split on ability if it benefits learning or there are safety considerations.
Time allowed	300 minutes Per fortnight
Homework information	NA

Term	Topics	Skills	Assessment
1 - 4	Students participate in activities which include: rugby, football, netball, hockey, basketball badminton, gymnastics, cross country, handball, Gaelic football, volleyball, fitness.	Students are taught a variety of skills in order to develop confidence across a range of activities. They will also experience competitive activities in small sided situations as they grow in confidence.	Teacher assessment
5 - 6	Summer based activities which include: athletics, tennis, cricket, softball, rounders.	Students are taught a variety of skills in order to develop confidence across a range of activities. They will also experience competitive activities in small sided situations as they grow in confidence.	Teacher assessment

Links to websites and revision materials:	NA		

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5 - 6	<p>Summer based activities which include: athletics, tennis, cricket, softball, rounders.</p> <p>Students are on a rotation and all pupils by the end of the year will have taken part in the same activities.</p>	<p>Students are taught a variety of skills in order to develop confidence across a range of activities. They will also experience competitive activities in small sided situations as they grow in confidence and take part in inter-tutor competitions.</p> <p>-Teamwork -Communication skills -Leadership skills.</p>	Teacher assessment

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