

World KITCHEN

31st Aug, 21st Sept, 12th Oct, 2nd Nov, 23rd Nov, 14th Dec

WEEK THREE

Aspens


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

TRADITIONAL DISH

Cottage Pie

Traditional mash topped minced beef served with green beans

Lasagne

Bolognese layered with pasta and cheese sauce with garlic slice and house salad

Roast Chicken

Boneless chicken with mash, fresh carrots and gravy

Chinese Chicken Curry

Marinated chicken thighs with curry sauce and rice

Fish & Chips

Tempura battered fish fillet, chips and mushy peas

VEGGIE DISH



Shepherdess Pie

Topped with sweet potato mash, green beans and gravy

Veg Lasagne

Roasted Vegetables layered with pasta topped with white sauce, garlic slice and house salad

Quorn Roast

Quorn with mash, fresh carrots and gravy

Beany Enchilada

Mild chilli bean, pepper and onion wrap with rice and sweetcorn

Vegan Sausage Puff

Quorn sausage wrapped in puff pastry with chips and peas

Hot DELI

Our Hot Deli Range includes fresh dough pizzas, pasta & noodle pots, filled jacket spuds & paninis hot chicken wraps, wings & dusted wedges. We rotate our range throughout the week.

DELICIOUS DESSERTS

Italian crumble
cake

Chocolate
sponge & custard

Sticky toffee
pudding

Apple flapjack

Ice cream tub