

# WEEK 1

Week Commencing; 25/08/2025 15/09/2025 06/10/2025 27/10/2025

## CLASSIC HOT & HEARTY

### CLASSIC MAIN MEALS

#### MONDAY

Lemon & Herb Piri Piri Chicken with Spicy Rice

#### TUESDAY

Mexican Style Beef Lasagne, Garden Salad & Homemade Garlic Bread

#### WEDNESDAY

Honey Glazed Roast Gammon, Crisp Roasties, Seasonal Vegetables & House Gravy

#### THURSDAY

Chicken Tikka Masala with Pilau Rice & Coriander Salad

#### FRIDAY

Chip Shop "Fryday" Fish, Pizza or Fishcake & Chips with Peas & Tartare Sauce

### VEGETARIAN MAIN MEALS

#### MONDAY

Piri Piri Quorn, Macho Peas and Spicy Rice (VE)

#### TUESDAY

Vegetable & Mixed Bean Lasagne, Garden Salad & Homemade Garlic Bread (V)

#### WEDNESDAY

Roasted Squash & Feta Pie, Seasonal Vegetables or Salad (V)

#### THURSDAY

Crunchy Topped Macaroni Cheese, House Salad or Seasonal Vegetable (V)

#### FRIDAY

BBQ Bean Burger with Garden Peas & Chips (VE)

### DESSERTS

#### MONDAY

Spiced Pineapple Cake with Vanilla Sauce

#### TUESDAY

Apple Strudel & Custard

#### WEDNESDAY

Chocolate Sponge & Chocolate Sauce

#### THURSDAY

Cookie Dough Fruit Crumble

#### FRIDAY

Fruit, Jelly & Yoghurt Pots

Fruit and Jelly Pots Available Daily

**HOMEMADE SOUP & FRESHLY BAKED BREAD**  
Available Daily

**JACKET POTATOES**  
Topped with a Choice of: Cheese, Tuna or Beans Available Daily

Innovate



**MADE  
YOUR  
WAY!**

**CHOOSE IT!  
ADD IT!  
TOP IT!**

Switch up your flavours with our street food-inspired range, available **Tuesday to Thursday**.  
With weekly rotating choices, there's always something tasty.

**Choose a base, add protein, and top it your way!**

Visit the restaurant to check out what's on offer each week

**NATURally**

#### MONDAY

Pakistani Tarka Dhal (VE)

#### TUESDAY

Vegan Singapore Noodles (VE)

#### WEDNESDAY

Vegan Ramen Bowl (VE)

#### THURSDAY

The Big Plant Burger (VE)

#### FRIDAY

Garlic & Chilli Noodles (VE)

**TRATTORIA**



#### MONDAY

Tomato & Basil Pasta

#### TUESDAY

Pasta in a Cheese Sauce

#### WEDNESDAY

Margherita or Pepperoni Pizza

#### THURSDAY

Creamy Pesto Pasta

#### FRIDAY

Margherita Pizza

Week Commencing; 01/09/2025 22/09/2025 13/10/2025 03/11/2025

## CLASSIC HOT & HEARTY

### CLASSIC MAIN MEALS

#### MONDAY

Traditional Sausage & Mash with  
Onion Gravy

#### TUESDAY

Chicken & Tomato Pasta Bake  
Served with House salad

#### WEDNESDAY

Hand Carved Roast British Turkey,  
Crisp Roasties, Seasonal Vegetables,  
& House Gravy

#### THURSDAY

Sweet & Sour Chicken with Fried Rice

#### FRIDAY

Chip Shop "Fryday" Fish, Pizza or  
Fishcake & Chips with Peas & Tartare  
Sauce

### VEGETARIAN MAIN MEALS

#### MONDAY

Vegan Sausage & Bean Casserole  
(VE)

#### TUESDAY

No Waste Cauliflower Cheese Pasta Bake  
(V)

#### WEDNESDAY

Cheese, Leek and Potato Pie (V)

#### THURSDAY

Chinese Vegetable Stir-Fry (VE)

#### FRIDAY

Vegan Quorn & Ranch Slaw Burger Served  
with Chips & Peas (VE)

### DESSERTS

#### MONDAY

Dutch Apple  
Cake

#### TUESDAY

Warm Blueberry  
Sponge

#### WEDNESDAY

Apple & Mixed  
Berry Crumble  
with Vanilla  
Sauce

#### THURSDAY

Banana Pudding  
with Custard

#### FRIDAY

Fruit, Jelly &  
yoghurt Pots

Fruit and Jelly Pots Available Daily

**HOMEMADE SOUP &  
FRESHLY BAKED BREAD**  
Available Daily

**JACKET POTATOES**  
Topped with a Choice of: Cheese,  
Tuna or Beans Available Daily



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## NATURALLY

#### MONDAY

Buffalo  
Cauliflower Wings  
with Salt &  
Pepper Wedges  
(VE)

#### TUESDAY

Vegan Singapore  
Noodles  
(VE)

#### WEDNESDAY

Singapore Fried  
Rice  
(VE)

#### THURSDAY

The Big Plant  
Burger  
(VE)

#### FRIDAY

Garlic & Chilli  
Noodles  
(VE)

## TRATTORIA

#### MONDAY

Tomato & Basil  
Pasta

#### TUESDAY

Pasta in Cheese  
Sauce

#### WEDNESDAY

Margherita or  
Pepperoni Pizza

#### THURSDAY

Creamy Pesto  
Pasta

#### FRIDAY

Margherita Pizza



Week Commencing: 08/09/2025 29/09/2025 20/10/2025

**CLASSIC HOT & HEARTY****CLASSIC MAIN MEALS****MONDAY**

Kung Pao Chicken, Wholegrain &amp; White Egg Fried Rice

**TUESDAY**

Mac n Cheese Bolognese Served with a House Salad

**WEDNESDAY**

Roast Shoulder of Pork, Crisp Roasties, Seasonal Vegetables &amp; House Gravy

**THURSDAY**

Chicken Korma with Pilau Rice

**FRIDAY**

Chip Shop "Fryday" Fish, Pizza or Fishcake &amp; Chips with Peas and Tartare Sauce

**VEGETARIAN MAIN MEALS****MONDAY**

Asian Vegetable, Soya Bean &amp; Noodle Stir Fry (VE)

**TUESDAY**

Plant Based Bolognese with Wholegrain Pasta &amp; House Salad (VE)

**WEDNESDAY**

Smashed Butternut Squash Mac and Cheese with Slaw and Garden Salad (V)

**THURSDAY**

Cauliflower Bhaji Served with Pilau Rice &amp; Minted Yoghurt (V)

**FRIDAY**

Chickpea, Carrot &amp; Sesame Burger, Asian Slaw, Chips &amp; Peas (V)

**DESSERTS****MONDAY**

Chocolate &amp; Banana Brownie

**TUESDAY**

Oaty Apple Crumble &amp; Custard

**WEDNESDAY**

Sticky Lemon Sponge &amp; Custard

**THURSDAY**

Baked Churros with Chocolate Sauce

**FRIDAY**

Fruit, Jelly &amp; Yoghurt Pots

Fruit and Jelly Pots Available Daily

**HOMEMADE SOUP & FRESHLY BAKED BREAD**  
Available Daily**JACKET POTATOES**  
Topped with a Choice of: Cheese, Tuna or Beans Available Daily**MADE  
YOUR  
WAY!****CHOOSE IT!  
ADD IT!  
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Fork Friendly Falafel Kebab (V)

**TUESDAY**

Vegan Singapore Noodles (V)

**WEDNESDAY**

Spiced Paneer &amp; Red Onion Naan (V)

**THURSDAY**

Onion Bhaji Skewer with Bombay Potatoes (VE)

**FRIDAY**

Garlic &amp; Chilli Noodles (VE)

**TRATTORIA****MONDAY**

Tomato &amp; Basil Pasta

**TUESDAY**

Pasta in a Cheese Sauce

**WEDNESDAY**

Margherita or Pepperoni Pizza

**THURSDAY**

Creamy Pesto Pasta

**FRIDAY**

Margherita Pizza