

# The Sheldonian

## NEW YEAR NEW PAPER

By Millie

Happy New year! There are lots of things that New years' can bring however one thing that would be on lots of our minds are New Year's resolutions. Most of the school should've watched the F.R.I.E.N.D.S clip in tutor where the characters spoke about resolutions that they chose to try and keep. The following episodes go to show how hard it is to try and keep them, so people have suggested that they make a SMALL goal and build from there, for example: if your goal was to improve in school, try and take small steps to get there. To begin with you may start with completing homework and researching related topics. You could then begin to engage more in class and build it in small steps until you achieve your main goal. 38% of people never make a resolution and 40% were successful on their first try however the rest took multiple tries 17% taking over six tries. Overall, the reason for people failing their resolution is because of the lack of a clear goal. Setting an unrealistic goal can set you up for failure as they can be too broad and unrealistic for a start.



## SPOTLIGHT ON SEN

By Ezme and Callie

We interviewed Mrs Sellwood about how to make school more inclusive for autistic and other SEN children.

**Our question:** Why did you choose this job?

**Her answer:** My daughter is Deaf, and I wanted to work with Deaf children, so I became a TA [Teaching Assistant]. Eventually I got promoted to TA manager.

**Our question:** What would you like people to know about supporting people with SEN?

**Her answer:** That they're just normal people but need extra support with things, just like I need glasses to see.

**Our question:** What are some common misconceptions about people with SEN?

**Her answer:** People might think that they misbehave on purpose when they can't help it.

**Our question:** How can teachers make it easier for people with SEN in the classroom?

**Her answer:** It might be tricky, but trying to keep the classroom quiet could definitely help.

Fancy joining us? We meet 3-4 on Thursday in E8. Come along!

## **GUIDE TO SKIING:**

By Millie and Amelie

How to ski a basic guide

First of all, there are very basic terms that will help: parallel skiing and snowplough.

Snowplough is a term used when you are it is the first skill taught. To snowplough successfully you have to bend your legs onto the front of your boots and keep your back straight while bringing the tips of your skis together into a v-shape like a pizza slice. This will help you slow down but if you want to stop you need to start snowplough it quite a bit in advance to stop successfully.

Parallel skiing is slightly harder but once you have got the hang of it, it's very easy to then progress to a parallel stop – stopping without using snowplough and more precisely. To parallel ski, you must keep your legs straight like uncooked spaghetti and you will gain a lot of speed quite fast especially if you crouch down into your boots and stay low down – aerodynamics and all that – but this takes practice and takes a while to master.

Hope you enjoy your ski trip, and this was very informative!

## **INTERVIEW WITH MRS PICKUP: THE CEO OF NEWSPAPER CLUB**

By Rojus

**Q.1 How do you feel about having more attendees at newspaper club?**

A.1 the more the merrier! We need very skilled people, including: writers, photographers, journalists and editors. And it would be amazing if we could have all of the year groups represented in our club.

**Q.2 How do you feel about the current people in the newspaper club?**

A.2 I think that they are a passionate group of journalists who cover a wide range of topics both about Sheldon and the local community.

**Q.3 Why did you want to setup the newspaper club?**

A.3 I wanted to get a student perspective on the school and to show students one of the many careers that studying English can lead to.

**Q.4 Where and when do newspaper club meet?**

A.4 they meet on a Thursday 3 till 4 in E8