

Term 1		Year 8 Online Learning				
	1	2	3	4	5	6
English	Gothic: Conventions and Characters	Gothic: Dracula – exposition and character	Gothic: Dracula – exposition and character	Gothic: Describing Characters	Gothic: Setting	
Maths	Simplifying ratios	Ratios – sharing the total	Direct proportion - recipes	Currency conversion	Multiplying fractions	Dividing fractions
	https://corbettmaths.com/2019/10/07/ratio-simplifying-textbook-exercise/	https://corbettmaths.com/wp-content/uploads/2013/02/ratio-sharing-the-total-pdf.pdf	https://corbettmaths.com/wp-content/uploads/2013/02/recipes-pdf2.pdf	https://corbettmaths.com/wp-content/uploads/2019/02/Conversion-	https://corbettmaths.com/wp-content/uploads/2018/12/Multiplying-	https://corbettmaths.com/wp-content/uploads/2018/11/Dividing-Fractions-
Biology	https://continuityoak.org.uk/Lessons?r=736	https://continuityoak.org.uk/Lessons?r=738	https://continuityoak.org.uk/Lessons?r=1035	https://continuityoak.org.uk/Lessons?r=1038	https://continuityoak.org.uk/Lessons?r=1040	https://continuityoak.org.uk/Lessons?r=1323
Chem	https://continuityoak.org.uk/Lessons?r=2101	https://continuityoak.org.uk/Lessons?r=1363	https://continuityoak.org.uk/Lessons?r=1364	https://continuityoak.org.uk/Lessons?r=1365	https://continuityoak.org.uk/Lessons?r=1370	https://continuityoak.org.uk/Lessons?r=193
Physics	https://continuityoak.org.uk/Lessons?r=2100	https://continuityoak.org.uk/Lessons?r=2095	https://continuityoak.org.uk/Lessons?r=1109	https://continuityoak.org.uk/Lessons?r=1110	https://continuityoak.org.uk/Lessons?r=1111	https://continuityoak.org.uk/Lessons?r=1165
DRAMA	Detectives	Detectives	Detectives	Detectives	Detectives	Detectives
	https://www.thenational.academy/pupils/programmes/drama-secondary-year-8-l/units/narrative-structures-using-poetry-developing-monologues-aa45/lessons/using-a-poem-as-a-stimulus-for-devising-c5k36r/overview	https://www.thenational.academy/pupils/programmes/drama-secondary-year-8-l/units/narrative-structures-using-poetry-developing-monologues-aa45/lessons/creating-a-character-using-devising-techniques-6cup6t/overview	https://www.thenational.academy/pupils/programmes/drama-secondary-year-8-l/units/narrative-structures-using-poetry-developing-monologues-aa45/lessons/developing-a-devised-performance-6njp8e/overview	https://www.thenational.academy/pupils/programmes/drama-secondary-year-8-l/units/acting-shakespeare-twelfth-night-8009/lessons/shakespeare-use-of-language-60upcd/overview	https://www.thenational.academy/pupils/programmes/drama-secondary-year-8-l/units/acting-shakespeare-twelfth-night-8009/lessons/how-to-speak-shakespeare-65k3gd/overview	https://www.thenational.academy/pupils/programmes/drama-secondary-year-8-l/units/acting-shakespeare-twelfth-night-8009/lessons/performing-tragedy-malvolios-revenge-cnk64r/overview
French	Revision of year 7 phrases/vocabulary	Cultural Importance of Food and Drink in France	Breakfast Foods	Regular -er verbs in the present tense	prendre - irregular verb	Using the partitive article (du, de la, des) after manger/boire

[illegible]

1. *Journal of the American Medical Association*, 2000; 284: 2689-2695.

Abstract The purpose of this study was to determine the effect of a 12-week, low-intensity, supervised walking program on the physical and psychological health of sedentary, middle-aged women. The study was a randomized, controlled trial. The subjects were 40 sedentary, middle-aged women who were randomly assigned to either a supervised walking program or a control group. The walking program consisted of 12 weeks of supervised walking, 3 times per week, at a pace of 3.0 to 3.5 miles per hour. The control group consisted of 20 women who did not participate in the walking program. The subjects were assessed at baseline and at 12 weeks for physical and psychological health. The physical health assessment included measures of body mass index, blood pressure, heart rate, and oxygen consumption. The psychological health assessment included measures of self-esteem, anxiety, and depression. The results of the study showed that the walking program had a significant positive effect on the physical and psychological health of the subjects. The walking program resulted in a significant decrease in body mass index, blood pressure, heart rate, and oxygen consumption. The walking program also resulted in a significant increase in self-esteem, a significant decrease in anxiety, and a significant decrease in depression. The results of this study suggest that a 12-week, low-intensity, supervised walking program can have a significant positive effect on the physical and psychological health of sedentary, middle-aged women.