



Curriculum Plan PSHEE



Year 11	Golden Treads: State the big ideas that will be taught across the year (Threshold concepts) Students learn how to make healthy choices and informed decisions that enable them to keep themselves and other people safe. Students will develop the skills to thrive, be independent learners and have high aspirations. This includes living successfully in the wider world. Students will understand the expectations about how we should treat other people and to promote self-respect. Students learn about the law and how it applies to them and their responsibilities.				Enrichment: What is offered through the year to support learning in the classroom? Year 11 Health – Visit from Alcoholics Anonymous to cover addiction. Year 11 Heath – Visit from the Samaritans to cover mental wellbeing and where to get help and support. Year 11 RSE – Visit from Master Don Deedigan (martial arts expert) to cover personal safety, including practical techniques.		Review and evaluation: Give date for review of the curriculum	
	Topics	Assessment	Substantive Knowledge	Disciplinary Knowledge	Misconceptions	Key Vocabulary		Knowledge tracking
Term 1	List the key topics taught in this term. Have you checked that the curriculum the department is teaching links to the National Curriculum where this is appropriate?	Give the name, nature/content and date of the assessment in this term.	List the key facts that students need to learn. Substantive vs disciplinary knowledge	What skills, procedures, thinking is required to use substantive knowledge to progress understanding and application. Substantive vs disciplinary knowledge	What are the key misconceptions that students have in this curriculum area?	List the Tier 2 and Tier 3 words that will be encountered in this term.		What prior learning does this term’s curriculum link to and what future learning does this term’s curriculum link to?
	Health		Understand the physical and psychological risks associated with alcohol consumption and what constitutes low risk alcohol consumption in adulthood. Understand how the use of alcohol and drugs can lead to risky sexual behaviour. Understand the facts about legal and illegal drugs and their associated risks. Learn about the law relating to the supply and possession of illegal substances.	Ability to make well-informed and healthy decisions about own bodies. Empathy and understanding towards other people Self-esteem building Improve their confidence in how to say no and resist peer pressure. Learn how to risk assess and make informed decisions to help them have a healthy life. Build their confidence in social situations and where to get help.	General misconceptions around drugs.	Psychological Anxiety Depression Addiction Dependency	Hallucinogenic Depressant Stimulant Psychosis Rehabilitation	Builds on previous learning in Y10 health Links to Y11 Relationships



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			<p>Understand the physical and psychological consequences of addiction, including dependency.</p> <p>Understand how to look after their health, including mental health. Recognise signs of wellbeing concerns and where to get help and support in and outside of school.</p>					
	Relationships and Sex Education (RSE)		<p>Characteristics and benefits of strong & positive relationships.</p> <p>Red flags and characteristics of abusive behaviour.</p> <p>All kinds of marriage. Marriage ceremony · Arranged marriages.</p> <p>Variety of faith and cultural practices and beliefs concerning relationships and sex.</p> <p>Signposting to support.</p> <p>Understanding the statistics relating to teenage pregnancy.</p> <p>Challenge myths around conception and clarify information about contraception.</p> <p>Law about abortion and understand procedure.</p> <p>Reflect on options and positive and negatives of each option.</p> <p>Legal aspects of sexual harassment esp. revenge porn.</p>	<p>Ability to make informed and confident decisions about relationships.</p> <p>Recognise when a relationship is healthy or unhealthy.</p> <p>How to express and communicate your wants, needs and feelings.</p> <p>Know where to access support and help.</p> <p>Confident when making decisions about relationships and sex.</p> <p>Discussing different attitudes and viewpoints</p> <p>Respecting different attitudes and viewpoints</p> <p>Recognising that you can't assume what somebody thinks of feels – effective communication is key in all relationships.</p>	<p>Misconceptions about certain behaviours that can be seen as 'romantic' can actually be controlling</p> <p>Misconception around attitudes to sex and relationships based on gender, sexuality, culture, religion etc</p> <p>Misconceptions about what is classed as abusive behaviour, including revenge porn</p> <p>Misconceptions about appropriate behaviour in a healthy relationship and sex – focus on consent and communication.</p> <p>Misconceptions about conception, contraception and fertility</p> <p>Misconceptions about the law</p> <p>Misconceptions about abortion and adoption</p>	<p>Respect</p> <p>Communication</p> <p>Empathy</p> <p>Expectations</p> <p>Healthy</p> <p>Arranged-marriage</p> <p>Forced-marriage</p> <p>stalking</p>	<p>Consent</p> <p>Contraception</p> <p>Adoption</p> <p>Abortion</p> <p>Revenge-porn</p> <p>Coercive control</p> <p>Fertility</p> <p>Menopause</p>	<p>Builds on all previous RSE modules taught to every year group.</p> <p>Links to work completed by pastoral team.</p>

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			<div>Victim blaming</div> <div>Visitor who comes in to discuss personal safety.</div> <div>Stalking – the law, signs, impact, support available.</div>					
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