

Revision Olympics



Y11 Child Development Exam Specification and General Support

Exam specification and exam board

[OCR Cambridge National Level 1/2 OCR J809](#)

Exam info

Tuesday 21 May 2024 (PM, 1hr 15min)

Week	Activity 1	Activity 2	Activity 3
<p>1 19.02.24</p>	<p>This week you should focus your revision on Pre-conception health and reproduction Ensure you can describe the following key terms: fertility, infertility and immunisations</p>		
<p>2 26.02.24</p>	<p>This week you should focus your revision on Contraception methods including barrier, hormonal and natural family planning Ensure you can describe the following key terms: hormone. Implant and IUD</p>		
<p>3 04.03.24</p>	<p>This week you should focus your revision on Female and male reproductive systems including the menstrual cycle Ensure you can describe the following key terms: gametes, ovum, sperm, ovulation and epididymis</p>		
<p>4 11.03.24</p>	<p>This week you should focus your revision on Pregnancy and antenatal care Ensure you can describe the following key terms: gestation period, midwife, obstetrician, pre-eclampsia, ketones and STI's</p>		
<p>5 18.03.24</p>	<p>This week you should focus your revision on Pregnancy screening and diagnostic tests Ensure you can describe the following key terms: ultrasound, anomaly scan, nuchal fold translucency test and amniocentesis</p>		

Week	Activity 1	Activity 2	Activity 3
<p>6 25.03.24</p>	<p>This week you should focus your revision on Antenatal care Ensure you can describe the different types of care and why they are important for the mother and health of the developing baby.</p>		
<p>Easter Break</p>	<p>This week/s you should focus your revision on Delivery Ensure you can describe each of the following delivery types and give advantages and disadvantages of each: Hospital birth and home birth Ensure you can describe the different methods of pain relief – epidural anaesthetic, Entonox, pethidine and TENS Ensure you can describe the three stages of labour Ensure you can describe methods to assist a birth including forceps, ventouse, episiotomy and C-section.</p>		
<p>7 15.04.24</p>	<p>This week you should focus your revision on Post-natal checks Ensure you can describe the following key terms: vernix, lanugo, Apgar score, types of skin damage, baby weight, length and head circumference The role of the health visitor</p>		
<p>8 22.04.24</p>	<p>This week you should focus your revision on Developmental needs of a child and childhood illnesses Ensure you can describe the following key terms: basic developmental needs, stimulation and socialisation Childhood illnesses including their symptoms and treatment.</p>		
<p>9 29.04.24</p>	<p>This week you should focus your revision on Creating a child friendly safe environment Ensure you can describe the following key terms: hazard, risk, safety labelling</p>		