



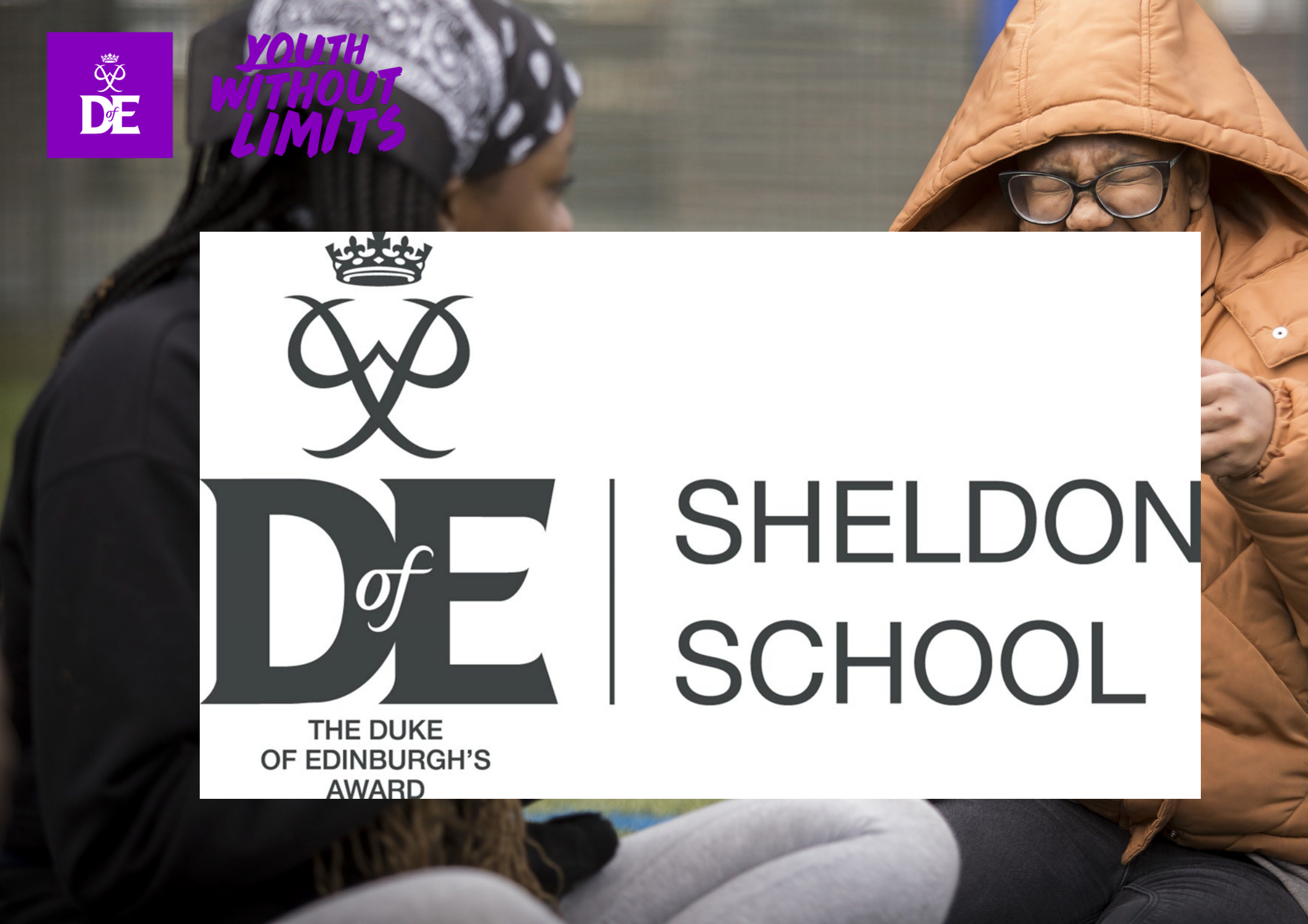
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THE DUKE
OF EDINBURGH'S
AWARD

**SHELDON
SCHOOL**



Parent Information Evening

This evening is about:

- Introducing you to the award
- Explaining how we run the award at Sheldon
- Understanding how you can support your child through their award
- Deciding if this is right for your child to sign up for



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The three awards:

Bronze – Year 9

Silver – Year 10

Gold – Year 12



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What is the DofE?

The DofE is a life-changing adventure for young people aged 14-24

It helps young people develop skills for their future life and work



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What is involved?

BRONZE AWARD			
VOLUNTEERING	PHYSICAL	SKILLS	EXPEDITION
3 months	3 months	3 months	2 days 1 night
Plus a further 3 months in either the Volunteering, Physical or Skills section.			

SILVER AWARD			
VOLUNTEERING	PHYSICAL	SKILLS	EXPEDITION
6 months	6 OR 3 months	6 OR 3 months	3 days 2 nights
Physical and Skills sections: one section for 6 months and the other section for 3 months			
If you didn't do BRONZE, you must do a further 6 months in either the Volunteering or the longer of the Physical or Skills sections.			

GOLD AWARD				
VOLUNTEERING	PHYSICAL	SKILLS	EXPEDITION	RESIDENTIAL
12 months	12 OR 6 months	12 OR 6 months	4 days 3 nights	5 days 4 nights
Physical and Skills sections: one section for 12 months and the other section for 6 months				
If you didn't do SILVER, you must do a further 6 months in either the Volunteering or the longer of the Physical or Skills sections.				

Choosing activities

- Activities are placed in specific sections for a reason.
- Students must check they are doing the correct type of activity for each section.
- Students need to choose activities they are going to enjoy.
- Activities could be something that they are already doing or perhaps one they've always wanted to try.
- They must participate in **at least an hour** a week.

Volunteering section

Helping others and making a difference to the causes they care about



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Volunteering section

Examples:

Helping coach at younger age sports clubs

Rainbows/beavers

Primary school after school clubs

School library

Scrap store

Charity shops

Online projects

It must be for a group in need or charity



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Physical section

Improving their health and fitness and having fun along the way!



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Physical section

Examples:

Sheldon PE clubs

Out of school clubs

Running

Fitness classes



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Skills section

Developing existing skills or discovering new things to love



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Skills section

Examples:

Cooking/baking

Languages

Extra GCSE's – film studies, further maths

Musical instruments

Art

Sewing, knitting



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Expedition

Spending time in the great outdoors and creating lifelong memories

Groups of 7, walking



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Expedition

Level	Duration	Minimum hours of planned activity each day
Bronze	2 days and 1 night	At least 6 hours during the daytime (at least 3 of which must be spent journeying)
Silver	3 days and 2 nights	At least 7 hours during the daytime (at least 3½ of which must be spent journeying)
Gold	4 days and 3 nights	At least 8 hours during the daytime (at least 4 of which must be spent journeying)

Expedition @ Bronze

H5 Adventure

Training day & 2
expeditions – must attend
all

Provide staff and group



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Expedition @ Bronze – 2days, 1 night

H5 Adventure

Training day & 2 expeditions – must attend all

Provide staff and group kit



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Expedition @ Silver – 3days, 2 nights

H5 Adventure – training day

Sheldon staff deliver
expeditions

Practice – 2days, 2 nights

Qualifying – 3 days, 2 nights



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Expedition @ Gold – 4days, 3 nights – Wild Country

Training & Expedition
delivered by myself

After school sessions

Practice – 3 days, 3 night
Qualifying – 4 days, 3 nights



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Preparing for the expedition - Groups

Bronze – I organise groups before the training day. Students choose up to 4 people they would like to be with and I mix from there.

Silver & Gold – Students choose own groups



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Preparing for the expedition - Fitness

Walking with a full rucksack

Leg strengthening – squats, lunges

I will send some suggested activities out



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Kit for the expedition

Group kit is provided at all levels:
Tents, Trangias, maps, compasses

Participants need: (students get a discount card for outdoor stores with their welcome pack)

Personal clothing including waterproofs

Personal first aid

Rucksack

Walking boots

Sleeping bag & roll mat

We have a limited supply of the following items we can loan out:

Rucksacks

Sleeping bags

T shirts

Roll mats

Waterproofs

Fleeces



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Mobile Phone Policy

Phones are collected and sealed in a dry bag. They can access if an emergency, but otherwise remain sealed.

I will have a school phone for you to contact me if needed. Please don't contact them.

This is a really important aspect of the award and they gain so much from being phone free.



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Residential (Gold Award only)

Five days and four nights
away from home

Sharing experiences
and creating new
connections



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Getting assessed

Participants need an assessor for each activity. Someone who vouches for what they have done over the timeframe.

It can **not** be a family member.

It could be a coach or music teacher or whoever you have been volunteering for.

If it is something done at home this is harder. Tutors will be able to assess participants.

Getting assessed

Students will need to:

- Have a conversation with the adult they want to assess them
- Come up with some goals together that they want to achieve.
- At the end of the time frame, ask the assessor to write a report – this can be done online or on paper
- Students must make sure they hand their assessor a completed card in terms of dates and goals.

Getting assessed

 **ASSESSOR'S REPORT**
VOLUNTEERING

Participant: _____
eDfEE ID No: _____
Level: **Bronze**

Description of activity: _____
Date started: ____/____/____ Completed: ____/____/____ (____ months)
Goals set by participant: _____

Assessor's comments:
Please write as much as possible, including what activity received 20 applicable and achievements. What you write will inform the achievement of the young person and form part of their permanent record of their DfEE programme. Please note the information you have provided in this report will be disseminated about by the Trust as part of its record of the participant's achievement. The Trust will not share your personal data with third parties.

What progress did they make towards their goals?

What did they achieve, what skills did they learn?

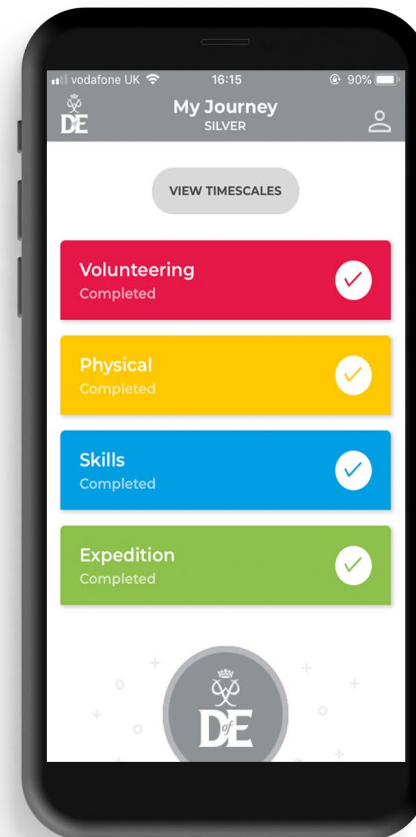
How frequently did they take part in this activity?

Any other comments?

Signature: _____ Date: ____/____/____
Assessor's first name: _____ Last name: _____
Assessor's position/qualification: _____
Assessor's phone number: _____
Assessor's email: _____

Participants should scan or photograph this page and upload to eDfEE as evidence.

Your Welcome Pack and eDofE



eDofE Sessions

Bronze – after half term over two lunch times to log in and then start to input activities

Silver – one lunch time session after half term,

Gold – independently unless new to the award

Cost

Bronze – £255

Silver – £70 deposit, each expedition £40 - £60

Gold – £45 initial payment, each expedition £70 - £150

Your role

Guidance

Encouragement

Practical support

Recognising achievement



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What next?

Deadline for all awards is Friday 13th October – initial payment **and** enrolment form.

Get started on the sections – if unsure double check with me that they are in the right section.

Any Questions?