



# Sheldon School

BE KIND | BE BRAVE | BE THE BEST YOU

Hardenhuish Lane,  
Chippenham  
Wiltshire,  
SN14 6HJ  
admin@sheldonschool.co.uk  
www.sheldonschool.co.uk  
01249 766020

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Dear Parents and Carers,

At Sheldon we are aware of the need to provide as good a preparation for life as possible for your children as they approach adulthood. An integral part of this preparation is a sound programme of relationships education; this is delivered through the PSRE curriculum with specific work on relationships, sex and health education. A statutory module of 4 – 6 weeks is taught in each year from Year 7 to Year 11, generally in the spring or summer term. Homework set during these modules are likely to encourage discussion at home and we hope that you will feel able to support and enhance our work.

The content is laid out under Curriculum, KS3/PSRE and KS4/PSRE on the school website. In addition, we have a school policy document on relationships and sex education, which outlines our responsibilities as a school and your rights as parents; this is also available on our website for your reference.

This is one area of the school curriculum in which good communication between home and school is of the utmost importance and if there are any aspects of the course that you would like to discuss further, please do not hesitate to contact Mrs Bennett or Mrs Billingham, teachers in charge of PSHEE. Their email addresses are: [ebennett@sheldonschool.co.uk](mailto:ebennett@sheldonschool.co.uk) and [gbillingham@sheldonschool.co.uk](mailto:gbillingham@sheldonschool.co.uk).

Yours faithfully,

Sharon Wilson  
Head of PSRE

Peter Lynch  
Headteacher