



Dear Parents and Carers,

Term 3 is traditionally the most challenging term for PE in terms of the weather conditions we may encounter in the months of January and February. I therefore want to issue this reminder of the expectations regarding kit and participation for OUTDOOR LESSONS:

1. PE staff will use their professional judgement in deciding whether or not outdoor lessons can proceed as normal safely.
2. If the lesson is deemed safe to proceed all students are expected to participate unless they have provided a note stating they have an injury or illness preventing them from doing so.
3. Students are NOT allowed to wear coats in PE lessons if they are participating. However, they are allowed to wear extra clothing under their PE kit (base-layers and mid-layers) as well as hats, neck warmers and gloves. They must ensure they have enough layers to keep warm but does not restrict their movement once the practical elements of the lessons begin. The outer layer for girls is a Sheldon splash jacket or the ¼ zip outer later.
4. Where possible staff will provide kit for students if they forget certain items of their standard kit. This will be recorded as a demerit.
5. Refusal to participate or borrow kit, despite being able to participate, will result in students being sent to RESET. If this is accompanied by rude or confrontational behaviour the sanction will be more severe.

I can assure you that no lessons will go ahead outside if there is a risk of injury. In this scenario, an indoor alternative will be found. It is the students responsibility to ensure they are warm enough to manage all aspects of the lesson. The best way to keep warm in PE lessons is to layer up and stay active.

Regards

The Sheldon PE Faculty