



3rd October 2023

Dear Parents / Carers,

Physical Education and adverse weather conditions

In light of the recent wet weather, and the fact that autumn and then winter will soon be upon us, I felt it was important to clarify the PE faculty's position on lessons taking place in poor weather.

- Firstly, the PE department monitors weather forecasts daily and if bad weather is forecast a plan is discussed as to whether it is deemed unsafe for students to participate outside. This might include long, persistent spells of torrential rain but not infrequent showers, and in the winter months this might include frozen ground.
- The Head of PE will decide if outside lessons pose a risk to students.
- If the weather deteriorates during an outdoor lesson, then teaching staff will use their professional judgement to decide if the lesson is becoming unsafe or the weather is dramatically impacting pupils' ability to learn. The PE faculty will have a provisional plan in place in the event of adverse weather occurring DURING lessons.
- Students are expected to come to lessons prepared for outside lessons in autumnal and wintry conditions. Students are advised to bring the following:

A separate bag for wet kit (drawstring bags)

Or

A plastic bag inside their school bag

A towel

Change of underwear

Extra layers to wear under kit (skins etc)

Tracksuit bottoms (must be black)

- If students have known medical conditions which could be exacerbated by extreme weather they will be excused from PE (please provide a note if the condition is temporary (i.e., recovering from a heavy cold / flu). Additionally, we will accommodate them in one of the indoor lessons that are taking place.
- If a pupil is excused from PE, they are still expected to wear appropriate PE kit to avoid their uniform getting wet or muddy. They will also be allowed to wear their school coat.
- The same ethos applies to extra-curricular clubs and fixtures. We will only cancel if it is deemed unsafe. Sometimes clubs are cancelled due to staffing issues. We endeavour to give as much notice as possible if we have to cancel clubs.

I have attached, for your information, a list of the clubs we are running during Term 1.

Yours faithfully,

A handwritten signature in black ink, appearing to read 'R Humphreys', with a long horizontal flourish extending to the right.

Mr R Humphreys
(Acting) Head of Physical Education



PE Clubs

Term 1

Monday	Badminton (All Years)
Tuesday	Rugby (Year 7 and 8) Netball (Year 7) Hockey (Year 10, 11 and Sixth Form)
Wednesday	Girls' Football (Years 7,8 and 9) Netball (Year 10/11) <i>Selected weeks</i>
Thursday	Rugby (Years 9, 10 and 11) Netball (Year 8 and 9)



Sheldon School

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